## **A Book of Ordinary Writings**

by Fa Poonvoralak (1990)

## There are six operations:

- 1.reading books
- 2.allowing books to read you
- 3.watching television
- 4.allowing television to watch you
- 5.seeing movies
- 6.allowing movies to see you

When I have conversations with friends, on any ordinary occasion, I realize many wonders. They are

- 1. I and you
- 2. I am you
- 3. I am I, you are you
- 4. I cover you, you cover me
- 5. I pass you, you pass me

		the has time. But in er know; if you pretend, all	

- 1. no one has time
- 2. no one has an excuse

If you are ten, you can not say you are young. If you are one cann not say you are young.

If you are one moment old, you can not say you are young.

- 1. you are real
- 2. you are unreal



One morning I got up and for investigated it, my investigat madness separated itself from	ion was independent from		
		7	

I am a table, I am a robot, I am a pig, etc. I can be all of them and find out that it is very ordinary to be them. But there is a thing that I can not be, that is to be myself.

this is a law of physics nothing can be itself but everything can be something else I am 36 years old, but still I can not understand the following statements

- 1. one is one
- 2. two are two
- 3. three are three

A man can grow from the following events: in between any two moments of his life, he can feel

the difference of time the difference of mass the difference of velocity

that happens together at one point.

Have you ever heard the story of a group of friends, who exchange everything internal and external. They exchange energy. They exchange events. They exchange love. They exchange particles of deeds, etc. As examples:

- 1. the first person exchanges a dream with the third
- 2. the third person exchanges love with the fourth

How can they do that? By accepting each other completely, by giving each other completely, even though in doing so they have to experience great pain.

There are two deeds that appear to be trivial. But actually they are the ultimate deeds of man.

- 1. accepting
- 2. giving

By accepting completely, nothing is left.

By giving completely, once and for all.

I am thinking of relationships, for example:

- 1. someone I met in a cafeteria, I walked to introduce myself to her
- 2. someone I knew by knocking on his door at night, and introducing myself to him
- 3. someone I knew because he was a friend of my friend
- 4. someone I met while we walked past each other in an alley
- 5. someone who lived in the same residence with me, I met her in a kitchen
- 6. someone I knew, because he was a relative of my friend

However fast the relationship happens, however superficial, it evolves gradually. Although it has to pass misunderstanding, confrontation, and many differences; but the relationship evolves into deeper levels, until one day I can say

all of my friends are constants

Neutrality may appear to be uninteresting. But actually it is the source of energy and the core of existence. People tend to think it is peaceful, but if you trespass upon it even a point, there will be a great explosion. Therefore we should be extremely careful when we

- 1. confront the neutrality of oneself
- 2. confront the neutrality of the others

I will tell you the first property of reality. You may laugh and think I tell you nothing.

The reality, you can not be unaware of. If you can, you are still normal, as any other.

- 1. making decisions
- 2. walking through a door

Everyday we have to make hundreds of decisions and walk through hundreds of ordinary doors, each time our axioms grow by themselves

A field of singularity is a name I call anywhere that, when I am in it, I find all things around me not changing so fast that I have to be at rest. I have to be the non-doer. If I do, the I have to

divide my body into eight persons.

## My friend told me

- 1. whatever that you see outside is actually inside your body
- 2. whatever that you think is inside you, is actually outside

For example a flower that you see outside your body is actually inside; a flower that you think is in your mind is actually somewhere outside.